

# My "Good Enough" Goals

WRITE A GOAL OR TWO IN EACH COLUMN THAT REPRESENTS AN EFFORT YOU CAN LIVE WITH!

Family

Friends

School

Health/Self-Care

Fun/Hobbies

Faith

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INSTEAD OF BEING PERFECT, I WILL ACCEPT MY BEST EFFORT AS GOOD ENOUGH!

# The "Good Enough" Schedule

PLAN YOUR WEEK TO ALIGN TO YOUR "GOOD ENOUGH" GOALS

*A Teacher's*  
BEST FRIEND

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

5:00						
6:00						
7:00						
8:00						
9:00						
10:00						
11:00						
12:00						
1:00						
2:00						
3:00						
4:00						
5:00						
6:00						
7:00						
8:00						
9:00						

# The "Good Enough" Schedule

SIMPLE EXAMPLE SCHEDULE

A Teacher's  
BEST FRIEND

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

5:00

Workout

6:00

7:00

8:00

9:00

School:

Classtime, Meetings, Prep, Planning

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

Family  
Time

Date  
Night

6:00

Family  
Time

Women's  
Bible Study

Family  
Time

7:00

8:00

9:00

In Bed by 9pm

Weekends:

1 x per month = family dinner

1 x per month = double date  
with friends

1 x per month = special  
family activity

Weekly = Church

Weekly = Chores and  
Laundry

Weekly = Meal Prep